

# When can I eat?

- Do not drink alcohol within **24** hours of your surgery.
- No solid foods or fatty liquids (such as milk) within **8** hours of procedure.
- Infants may not have formula within **6** hours of procedure and may not breast feed within **4** hours of procedure.
- Clear liquids (such as water, clear tea or juice, or black coffee) may be consumed up to **2** hours prior to your procedure, unless otherwise specified by anesthesia.
- Do not chew gum, chew tobacco (dip), smoke cigarettes, eat mints or candy the morning of your surgery.